

# Enabling Good Lives Principles

## **Self-determination**

Disabled people are in control of their lives.

## **Beginning early**

Invest early in families and whānau to support them; to be aspirational for their disabled child; to build community and natural supports; and to support disabled children to become independent, rather than waiting for a crisis before support is available.

## **Person-centred**

Disabled people have supports that are tailored to their individual needs and goals, and that take a whole life approach rather than being split across programmes.

## **Ordinary life outcomes**

Disabled people are supported to live an everyday life in everyday places; and are regarded as citizens with opportunities for learning, employment, having a home and family, and social participation – like others at similar stage of life.

## **Mainstream first**

Disabled people are supported to access mainstream services before specialist disability services.

## **Mana enhancing**

The abilities and contributions of disabled people and their families and whānau are recognised and respected.

## **Easy to use**

Disabled people have supports that are simple to use and flexible.

## **Relationship building**

Supports build and strengthen relationships between disabled people, their whānau and community.

**Learn more at [enablinggoodlives.co.nz](https://enablinggoodlives.co.nz)**